Naloxone SAVE ME Steps

SIGNS & SYMPTOMS OF AN OVERDOSE

- breathing is slow or not breathing at all
- nails and/or lips are blue
- choking or throwing up

- making gurgling sounds
- skin is cold and clammy
- can't wake them up



If the person must be left unattended at any time, put them in the recovery position (mouth downward for fluid to drain from airway, chin up to keep throat open, arms and legs locked to stabilize position).

Naloxone SAVE ME Steps

Follow the SAVE ME steps below to respond to an overdose.









VENTILATE 1 breath every 5 seconds





EVALUATE