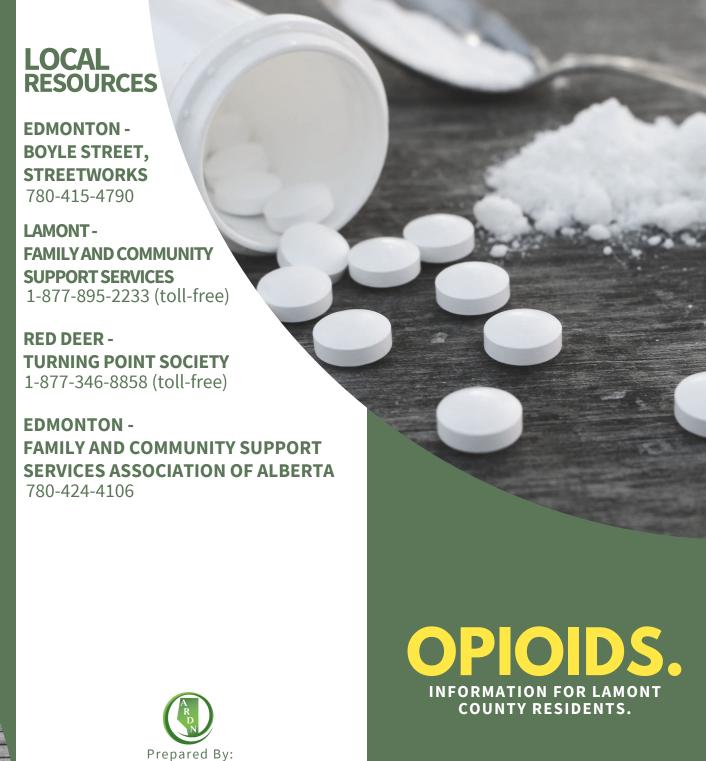
WHAT ARE OPIOIDS?

Prescription opioids are medications primarily used to treat acute and chronic pain. They may be used for a short time, such as after surgery, or for long-term pain. Opioids aren't just prescription medication-they also exist as illicit substances such as heroin. Some possible side effects include: nausea/vomiting, drowsiness/dizziness, &/or constipation.

COMMON NAMES OF OPIOIDS:

- Codeine (Tylenol #3, Tylenol #4)
- Fentanyl (Duragesic)
- Hydrocodone (Vicodin, Norco)
- Hydromorphone (Dilaudid)
- Methadone
- Morphine (MS-Contin)
- Oxycodone (Percocet, OxyContin)
- Oxymorphone (Opana)

Help doesn't mean you have to stop using if that is not your goal. You don't have to be addicted to opioids, or any substances, to think about getting help.



ALBERTA RURAL DEVELOPMENT

What is the Rural Opioid Dependency Program and how can I access it?

A: Provides methadone or Suboxone® maintenance treatment to people dependent on opioids. Access this service, by **dialing 1**-844-383-7688.

Who can I turn to about substance use?

A: For supportive listening, crisis intervention, and referrals to people coping with stressful situations such as abuse, violence, or suicide, dial the Rural Distress Line at 1-800-232-7288.

Q: Where can I get
Naloxone kits?
A: Lamont Value Drug
Mart, 5030 50 Ave.,
Lamont, AB TOB 2R0

Q. Unsure where to access substance use support services?

A. For telephone advice and service referral for requiring addiction services, dial 1-866-

THE GOOD SAMARITAN

ACT.

The Good Samaritan Drug Overdose

Act provides legal protection for people who seek emergency help and support during an overdose. The Act does **not** provide legal protection for individuals with more serious offences such as outstanding warrants for drug production and trafficking.

FENTANYL MAY BE 100 TIMES MORE TOXIC

THAN MORPHINE HEROIN OR OXYCODONE.

IF YOU'RE GOING TO USE:

- don't use alone;
- start using in small amounts;
- do 'test shots' (or test doses);
- don't mix drugs;
- avoid speedballing;
- always carry a Naloxone Kit;
- call 911 if you or someone suspects a person is experiencing an overdose.