

WHAT ARE OPIOIDS?

Prescription opioids are medications primarily used to treat acute and chronic pain. They may be used for a short time, such as after surgery, or for long-term pain. Opioids aren't just prescription medication—they also exist as illicit substances such as heroin. Some possible side effects include: nausea/vomiting, drowsiness/dizziness, &/or constipation.

COMMON NAMES OF OPIOIDS:

- Codeine (Tylenol #3, Tylenol #4)
- Fentanyl (Duragesic)
- Hydrocodone (Vicodin, Norco)
- Hydromorphone (Dilaudid)
- Methadone
- Morphine (MS-Contin)
- Oxycodone (Percocet, OxyContin)
- Oxymorphone (Opana)

Help doesn't mean you have to stop using if that is not your goal. You don't have to be addicted to opioids, or any substances, to think about getting help.

LOCAL RESOURCES

**EDMONTON -
BOYLE STREET,
STREETWORKS**
780-415-4790

**LAMONT -
FAMILY AND COMMUNITY
SUPPORT SERVICES**
1-877-895-2233 (toll-free)

**RED DEER -
TURNING POINT SOCIETY**
1-877-346-8858 (toll-free)

**EDMONTON -
FAMILY AND COMMUNITY SUPPORT
SERVICES ASSOCIATION OF ALBERTA**
780-424-4106



Prepared By:
**ALBERTA RURAL DEVELOPMENT
NETWORK**

OPIOIDS.

INFORMATION FOR LAMONT
COUNTY RESIDENTS.



Q: What is the Rural Opioid Dependency Program and how can I access it?

A: Provides methadone or Suboxone® maintenance treatment to people dependent on opioids. Access this service, by dialing 1-844-383-7688.

Q: Who can I turn to about substance use?

A: For supportive listening, crisis intervention, and referrals to people coping with stressful situations such as abuse, violence, or suicide, dial the Rural Distress Line at 1-800-232-7288.

Q: Where can I get Naloxone kits?

A: Lamont Value Drug Mart, 5030 50 Ave., Lamont, AB T0B 2R0

Q: Unsure where to access substance use support services?

A: For telephone advice and service referral for adults and youth requiring addiction services, dial 1-866-332-2322.

THE GOOD SAMARITAN ACT.

The **Good Samaritan Drug Overdose Act** provides legal protection for people who seek emergency help and support during an overdose. The Act does **not** provide legal protection for individuals with more serious offences such as outstanding warrants for drug production and trafficking.

**FENTANYL
MAY BE 100
TIMES MORE
TOXIC
THAN MORPHINE
HEROIN
OR OXYCODONE.**

IF YOU'RE GOING TO USE:

- don't use alone;
- start using in small amounts;
- do 'test shots' (or test doses);
- don't mix drugs;
- avoid speedballing;
- always carry a Naloxone Kit;
- call 911 if you or someone suspects a person is experiencing an overdose.